

## CHILDREN'S MENU

\* Veggie options available

### CHILDRENS BREAKFAST \*

(Served until 11.30am) Local pork sausage, bacon, fried organic free range egg, baked beans & toast

### CHARGRILLED CHICKEN PITTA

Free range marinated chicken breast pieces in a salad filled pitta bread with Blue Sky Chips

### SAUSAGE, CHIPS & BEANS \*

Local pork sausages, Blue Sky chips & beans

### PASTA BOWL

Pasta with tomato sauce or pesto sprinkled with grated Welsh Cheddar

### PITTA BREAD PIZZA \*

With tomato sauce, Welsh Cheddar & home baked chicken and a smiley face salad garnish

### SAUSAGE OR BACON ROLL

Two local sausages or two rashers of dry cure bacon

### KIDDIES SOUP IN A CUP

Our homemade soup of the day in a Blue Sky cup with a slice of oat bread and butter

### BLUE SKY ICE CREAM

Two scoops of vanilla ice cream & a chocolate flake

• add Marshmallows 30p

## CHILDREN'S DRINKS

### HOT CHOCOLATE

A miniature "the works" in a cup with whipped cream, marshmallows and a flake

### BAMBINO CAPPUCINO

Frothy warmed milk in a 6oz cup with chocolate sprinkles

### CLOUDY APPLE OR ORANGE JUICE

### BLACKCURRANT/ORANGE SQUASH

### GLASS OF MILK

### DAIONI ORGANIC MILKSHAKES

Good food is created with love and care, with respect for the producers and for the environment. That's why here at Blue Sky we try our very best to source food that is socially and environmentally sustainable.

Chrissy, Matt and the Blue Sky team bring this all together to serve you food that is imaginative, tasty and wholesome

All our cans, papers, magazines, bottles, cartons, cardboard, foil and even frying oils are recycled and our vegetable waste is used for compost.

# Blue Sky

Café ~ Tŷ Bwyta

## FOOD

Breakfasts served 9.30am to 11.30am

Lunches from 11.30am to 4pm

Please take a look at our daily specials board situated above the counter

**BREAKFAST** served until 11.30am. Our meat comes from Cigydd Y Fali on Anglesey. They source responsibly & often from the island producers. Chicken & pork is always free range and the black pudding homemade. Eggs are organic and free range

### BLUE SKY BREAKFAST

2x sausages, 2x dry cure bacon, fried mushrooms, fried egg, black pudding, beans, toast & butter

### VEGGIE BREAKFAST (v) (vga)

2x veggie sausages, hash browns, fried mushrooms, grilled vine tomato, fried egg, beans, toast & butter

### ORGANIC SCRAMBLED EGGS ON TOAST

• Fried Mushrooms (v) £6.95

• Dry Cure Bacon £7.95

• Smashed Avocado & chilli flakes (v) £7.95

### "NEW STYLE" AVO SMASH (v) (vga)

Smashed avocado & Anglesey feta on oat toast, topped with cherry tomatoes, pistachios, fresh mint, za'atar, chilli flakes, fresh lemon & cashew cream

### BACON JAM & ORGANIC EGGS

Homemade bacon jam served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli, spring onions

### CHUNKY TOAST – brown or white

• with Homemade Jam / Marmalade 45p

## BUDDHA BOWLS

### SABICH BUDDHA BOWL (v) (vga)

Quinoa, Middle Eastern salad, marinated & chargrilled vegetables, soft boiled egg, homemade spiced vegetable pickle, soya yoghurt, za'atar home pickled cucumber and pitta bread

### FALAFEL BUDDHA BOWL (v) (vga)

Falafel, quinoa, tomatoes, organic chickpea hummus, avocado, black sesame, yoghurt, lemon and pitta bread

### SMOOTHIE BOWL

Raspberry & mango yoghurt, blueberry compote, goji berries, granola, banana, coconut, fresh mint

## BREAKFAST ROLLS ALL DAY

Served with a shot glass of Smoothie. White or brown roll then choose three items from the following list

- A Slice of Dry Cure Bacon
- Local Sausage
- Black Pudding
- Fried Egg
- Veggie Sausage
- Hash Brown
- Grilled Vine Tomato... Or order a Blue Sky BLT



Lunches served 11.30am-4.00pm

## SOUP See daily specials board

### HOMEMADE SOUP OF THE DAY (v) (vga)

Served with:

- ~ A wedge of local artisan bread or rice cakes £4.45
- ~ Chunky garlic bread £5.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and a wedge of local artisan bread £7.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and chunky garlic bread £8.25

### SOUP AND A SANDWICH

Add £1.95 to your sandwich (without coleslaw)

## SANDWICHES

On a choice of white or brown local artisan baked hand cut bread. Served with a pot of coleslaw.

### TOASTED... CHICKEN & MUSHROOM £6.95

Free range chicken, homemade creamy mushrooms, Welsh Cheddar and Mozzarella

### TOASTED... GRILLED CHEESE (v) £6.95

Pressed, toasted sandwich with Welsh Cheddar, Mozzarella, Welsh blue cheese (Perl Las) and Smoked Cheddar served with a home made tomato sauce

### AUBERGINE "BACON BUTTY" (vegan) £5.95

Aubergine "bacon", avocado, sweet potato crisps, Sriracha and mixed leaves

### CHICKEN, SMOKED CHEDDAR & CHILLI JAM £5.95

Roasted free range chicken, smoked Cheddar, chilli jam and mixed leaves

### BLT £5.95

Two rashers of dry cure bacon, sliced vine tomatoes, mayonnaise and mixed leaves

### ORGANIC CHICKPEA HUMMUS (vegan) £5.95

Homemade hummus, marinated and chargrilled vegetables and chimichurri

### WELSH CHEDDAR (v) £5.95

Mature Cheddar & homemade spiced vegetable pickle

## BLUE SKY BURGERS

Made to our own recipe, served on a local artisan roll and Blue Sky chips, with a pot of coleslaw or daily salad.

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad!

### DOUBLE BACON CHEESE £11.95

2 x 5oz beef patties, dry cure bacon & melted Welsh Cheddar

### THE BACON JAM £11.95

5oz beef pattie, bacon jam, melted smoked cheddar, sweet potato crisps, sliced vine tomato and mixed leaves

### THE BLUE MUSHROOM £9.95

5oz beef pattie, homemade creamy mushrooms, Welsh blue cheese (Perl Las), mixed leaves, sliced vine tomato

### CLASSIC £8.95

5oz beef pattie with red onion, mixed leaves, home pickled cucumber and a pot of relish

### PIG IN A BARM £9.95

Crispy Asian style rolled Welsh belly pork, soft boiled free range egg, spring onions, mixed leaves and homemade char siu

### THE DIRTY VEGAN (vegan) £9.95

Chargrilled almond & sesame tofu, aubergine "bacon", vegan garlic mayo, hash browns, sliced vine tomato and mixed leaves

### SMOKEY VEG (vegan) £9.95

Chargrilled sesame and almond tofu, marinated and chargrilled vegetables, hummus, chimichurri, mixed leaves, sliced vine tomato

### "NEW STYLE" THAI TOFU (vegan) £9.95

Chargrilled almond & sesame tofu, caramelised pineapple with a Thai style peanut & chilli sauce, spring onions, pickled chillies, sliced vine tomato and mixed leaves

### • Upgrade your chips (vegan) £1.00

from standard to salt & pepper chips

All of our dishes are prepared with care, however we cannot guarantee that they do not contain traces of other products, as they are all prepared in the same kitchen.

## BLUE SKY CHEF SPECIALS

### MEZZE PLATTER (v) (vga) £12.95

Served on a bespoke olive wood board • Homemade Falafel • Tzatziki • Blue Sky organic chickpea hummus • Marinated olives • Marinated and chargrilled vegetables • Blue Sky mixed salad • Homemade spiced vegetable pickle • Pitta breads (2)

For a (vegan) platter replace tzatziki with relish

### PEARL BARLEY, CHARGRILLED VEGETABLES & FETA SALAD (v) £8.95

A warm salad of marinated and chargrilled vegetables, Anglesey Feta, pearl barley, hummus, chimichurri, pistachios, za'atar and rocket

### CHICKEN & BACON RANCH SALAD £9.95

Free range chicken, dry cure bacon, Welsh blue cheese (Perl Las), Mixed leaves, cherry tomatoes, cucumber, homemade croutons, & our Ranch Dressing

### WELSH RAREBIT BACON AND EGG £7.45

Homemade rarebit on local oat bread with 2 slices of dry cured bacon and an organic fried egg on top

### STEW & DUMPLINGS £9.95

Homemade Welsh lamb and winter vegetable stew with homemade rosemary & Welsh cheddar dumplings and local artisan bread

## BLUE SKY BASKETS

All served with Blue Sky chips

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad

### CHICKEN IN A BASKET £8.25

Free range marinated chargrilled chicken breast pieces in a salad filled pitta bread

### FALAFEL IN A BASKET (vegan) £7.85

Homemade falafel in a Middle Eastern salad filled pitta bread

### • Add a homemade sauce 45p

Tzatziki • Tomato relish • Char siu • Vegan garlic mayo • Thai style peanut and chilli sauce

### • Upgrade your chips £1.00

from standard to salt & pepper chips

## LIGHTER BITES

### SABICH BUDDHA BOWL (v) (vga) £6.95

Quinoa, Middle Eastern salad, marinated & chargrilled vegetables, soft boiled egg, homemade spiced vegetable pickle, soya yoghurt, za'atar home pickled cucumber and pitta bread

### FALAFEL BUDDHA BOWL (v) (vga) £6.95

Falafel, quinoa, tomatoes, organic chickpea hummus, avocado, black sesame, yoghurt, lemon and pitta bread

### "NEW STYLE" AVO SMASH (v) (vga) £7.50

Smashed avocado & Anglesey feta on oat toast, topped with cherry tomatoes, pistachios, fresh mint, za'atar, chilli flakes, fresh lemon & cashew cream

### BACON JAM & ORGANIC EGGS £6.95

Homemade bacon jam served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli and spring onions

## SIDE DISHES

**BLUE SKY CHIPS** Small/Large (vegan) £1.95/£2.95  
Sprinkled with Halen Môn (Anglesey Sea Salt)

### SALT & PEPPER CHIPS (vegan) £3.95

Our Blue Sky chips tossed in homemade char siu sauce, chilli, garlic & spring onions. Delicious!

### BLUE SKY DRESSED SALAD (vegan) £2.45

### BLUE SKY SPECIAL DAILY SALAD (vegan) £2.25

**ORGANIC CHICKPEA HUMMUS (vegan)** with warm pitta breads £3.65

### CHUNKY GARLIC BREAD (v) £2.00

**CHEESY GARLIC BREAD (v)** with melted Welsh Cheddar £3.25

### BLUE SKY MIXED, MARINATED OLIVES £2.50

### ARTISAN BREAD AND BUTTER £1.25

If you have a food intolerance, please ask about our ingredients at the counter

v - vegetarian

vga - vegan option available (please ask when ordering)

Gluten free? Please see our separate NGCI menu